



Centerville Care and Rehab Center

Upcoming Events:

- >National Nursing home Week 5/14—5/20
- >Trip to Butterfly house 5/18

Happenings From the Home



The King and Queen of CCRC!

Inside this issue:

Dietary– Doug Bryenldson

Spring has sprung and warmer weather is finally here after what seemed like the longest winter ever! We have now fully implemented the Spring/Summer menu and are starting to see some of favorite warmer weather foods like grilled Brats, hotdogs and hamburgers as well as tacos and cold plates for the hot days ahead! As always, we look forward to seeing you come to CCRC to share a meal with your loved one! Just give us a little advance notice and we'll be more than happy to accommodate you! Everyone in the dietary department wishes you a happy and bountiful spring season!

Doug Bryenldson CDM, CFPP

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Nursing– Patty Knutson

What's new in Nursing:

I'm sure we are all getting tired of this white stuff we call snow. Snow has been the big topic with many of our retired farmers over coffee and eggs in the morning. They speak of old times like it was just yesterday. They talk anywhere from weather, prices, types of machinery, what they planted, bushels per acre etc. The conversations are interesting from how they lived and farmed years ago to how our generation farms now. We dived the flu for the second year in a row. A few residents had chronic coughs which included staff as well. Census has stayed around 47



which includes 13 assisted living and 34 skilled residents. Staffing has remained good with minimal turnover. We are fortunate to be fully staffed, and we know our residents depend on the best care we can give them. We want to give a huge thank you to our CNAs for their hard work which shows by the happy faces on our residents.

Patty Knutson,
D.O.N



Like us on Facebook!

Business Office—Lori Hecht

The best news I have to report from the Business Office is that I am a grandma again to a beautiful granddaughter named Violet Eileen Hecht! She was born February 16th. We are very blessed to have this sweet baby join our family! I hope to have her stop by and visit CCRC when the weather gets a little nicer. The residents always seem to enjoy having children and pets visit them.

Happy Spring!

~ Lori Hecht



Environmental Services– Jana Goetz

We finally made it to Spring! We would like to welcome to our laundry and housekeeping department Breann Meyer. If you see her in our halls make sure to stop and say hi.

Now that we are entering the warmer part of the year it would be a good time to start slimming down your loved ones closets. If any clothes are brought in please make that they get properly marked so we can ensure they always find the proper owner.

We recently just finished redoing one of our rooms and it has turned out great. Please stop by and see us as we are always working on something.

If you have any questions please call me or find me in the halls.

-Jana Goetz

Activities– Jan Hult

Greetings Everyone from the Activity Department!

We are so excited to finally see spring and looking out the windows to see the robins. We have had a good and busy winter but definitely tired of being cooped up. We are looking forward to getting outside to do some gardening and going on more outings. Since our last newsletter we have enjoyed many fun parties starting out with Christmas. How wonderful to see all our resident's families at our Family/Resident party. What a nice crowd and believe me they talked about that for quite some time.

Our next big event was our Valentine's Day party and crowning our new King Curt Austin and Queen Delilah Limoges. We celebrated Fat Tuesday with homemade waffles and had a great turn out for that. The talk of the town was our Lutefisk Supper! We had a great turn for that and everyone is hoping we will do it again next year.

We completed our Easter Egg Hunt back on March 31st. This year we had over 150 children and everyone enjoyed candy and prizes thanks to our wonderful businesses, staff and resident families who donated money and candy.

The next big event will be National Nursing Home Week May 14th thru 20th. This year's theme is Celebrating Life's Stories . We are asking families to get involved by bringing in pictures and some history of your loved one's past life. This should be a lot of fun! We love reminiscing!

We would like to thank all our wonderful volunteers and families for all you do. If you would be interested in volunteering please stop by my office and we can talk about it. We look forward to your visits and remember the coffee is always on.



Resident Testimonial



Leland Eide

What do you enjoy about living at CCRC?

-“I think it is just great, really like the food and the people”

What is your favorite activity?

-Like to socialize with everybody during coffee in the morning

What is the best part of your day?

-I like the noon meal.

Do you have a special recognition for a staff member?

-I really like Rose, Lillian, and Dakotah, but all the staff is really good.

What is your favorite meal?

-Everything is pretty good, excellent food



Tying Blankets!

Social Services– Kristen Birgen

Greetings from Social Services!

My name is Kristen Birgen. I am currently employed as Social Services Designee here at CCRC. Although I am new to this position, I have been employed at this facility for 21 years in August. I started in high school as a dietary aide. Later I started cooking as that is a huge passion of mine. I then took the Dietary Manager Course and worked here as a Certified Dietary Manager for 11 years. I also obtained my CNA license many years ago. I decided to try a new adventure and stay home and do in home daycare while working at CCRC on a PRN basis on weekends and holidays. After 2 years of in home daycare I wanted to get back to working in healthcare.

I have been learning a lot in this new role. The residents, families, and staff have been wonderful with helping me start this new adventure! I am very blessed to be back at CCRC and have the opportunity to care for your loved ones. My goals are to provide families and residents with support and comfort through the many changes of aging. Transitioning into a healthcare center is not easy for all, but it doesn't always mean you are here to stay. We have a wonderful inpatient and outpatient therapy department. We have a lot of people come in to the facility for 2 months or 2 weeks for rehab and they go home. I can help you set up home health if you need.

Another wonderful service that is available to your loved ones is hospice. Hospice also has had the reputation of this is the end because you are dying. It is not always that case anymore. Now hospice is about living. Of course there are situations a person might need acute hospice for a terminal illness but hospice is also available to those who need pain management as well as emotional and spiritual support. Hospice neither hastens nor postpones death, but affirms life, emphasizing dignity and comfort while enhancing quality of life for the person coping with a life-limiting illness. CCRC has utilized hospice care for years and many times residents come off of hospice because they improve from the pain management and support they receive.

Please stop in or call anytime if you have questions or concerns.

Kristen Birgen, SSD



Water painting!



More fun painting!



500 Vermillion St.
Centerville, SD 57014

Phone: 605-563-2251

Fax: 605-563-2163

www.centervillecareandrehab.com

We at Centerville Care and Rehab Center strive to create a loving home and provide healing and compassion for all who are placed in our care.

Administration—Samuel Van Voorst

Happy Spring,

It looks like we are about due to have spring arrive. I have truly enjoyed my first months at Centerville Care and Rehab. I have felt welcomed into the facility and the community. We have recently added Kristen Birgen to our management team as the Social Service Director. We have received new bed side cabinets and are looking forward to getting new dressers soon.

Everyone is always welcome and encouraged to come visit us.

Samuel Van Voorst
Administrator

